



WEIGHT STACK

3124 CRUNCH MACHINE



FEATURES

- Muscle area: Abdominals, Core
 - Guided crunch movement
 - Two footplates at different heights
 - Easier entry and exit
 - Short back pad allows greater stretch
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- 1563 x 1286 x 1123 (H x W x L in mm)
 - Total weight: 295kg
 - Standard weight-stack: 105kg



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