

# ACCESSOIRES+ESSENTIALS

## 4112 BASIC MULTI POSITION BENCH LIGHT



### FEATURES

- Body area: Upper body Core Lower body
- Execution of a wide range of exercises in different variations possible
- Training of different muscles and muscle groups possible
- Ideal for training with dumbbells
- 8-fold backrest adjustment and 5-fold seat adjustment possible
- 440 x 680 x 1280 (H x B x L in mm)
- Total weight: 28kg

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