

ACCESSOIRES+ESSENTIALS

4011 BASIC MULTI POSITION BENCH WITH FOOTREST



FEATURES

- Body area: Upper body Core Lower body
- Various exercises possible in different variants
- Training of a variety of muscle groups possible
- 8-fold backrest adjustment and 5-fold seat adjustment possible
- Additional footrest
- Ideal for training with dumbbells
- 440 x 680 x 1280 (H x B x L in mm)
- Total weight: 60kg

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