



PLATE LOADED

4342N PURE KRAFT ROTATING ABDOMINAL CRUNCH



FEATURES

- Body area: Core
- Training of the abdominal muscles
- Two fixed handles, for optimal hold
- 4-position adjustable seat cushion
- Padded rollers on the feet, for a good grip and stability
- Movable back cushion

- 1623 x 1238 x 1126 (H x B x L in mm)
- Total weight: 137.5kg
- Maximum load: 100kg



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