



# PLATE LOADED

## 4321 PURE KRAFT GLUTEUS KICK MACHINE



### FEATURES

- Body area: Lower body
  - Training of the gluteal, hip and knee extensor muscles
  - Handles, arm and knee pads to fix the desired training position
  - 3-way range of motion control
  - 9-position adjustable kick bar
  - Easily adjustable knee rest
  - Storage pins for weight discs
- 1640 x 1250 x 1500 (H x B x L in mm)
  - Total weight: 145kg
  - Maximum load: 300kg



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