

3050 SHOULDER LATERIAL RAISE WITH GRIPS



FEATURES

- · Body area: Upper body
- Training of the lateral shoulder muscles
- Two independently mounted training arms
- Adjustment of the Range of Motion, for an optimal training position
- · Movable handles (compensation of arm length differences)
- · Height adjustable seat pad
- · 1570 x 1200 x 1300 (H x B x L in mm)
- · Total weight: 335kg
- · Standard weight stack: 85kg (optional 105)

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