

WEIGHT STACK

3037 SPECIAL ABDOMINAL MACHINE



FEATURES

- Body area: Core
- Training of the abdominal muscles
- 9-way adjustable chest pad
- 12-way adjustable foot plate
- Adjusting the range of motion for an optimum start and end position
- 1580 x 1070 x 1510 (H x B x L in mm)
- Total weight: 290kg
- Standard weight stack: 105kg (optional 165)



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