

4403 PUSH & PULL MACHINE



FEATURES

- · Body area: Upper body
- · Training of a wide variety of muscles and muscle groups
- · Stress on the abdominal, arm, hip and shoulder muscles
- Two independent and adjustable training arms
- · 1510 x 1429 x 1940 (H x B x L in mm)
- · Total weight: 510kg
- Standard weight stack: 2x105kg (optional 2x165)

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