



WEIGHT STACK

4402 SHOULDER & CHEST PRESS



FEATURES

- Body area: Upper body
- Training of a wide variety of muscles and muscle groups
- Active whole body extension in a complex sequence of movements, for chest and shoulder muscles
- Two independent training arms
- The large lever arm allows different grip options
- 2274 x 1251 x 1770 (H x B x L in mm)
- Total weight: 690kg
- Standard weight stack: 2x85kg (optional 2x165)



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