



WEIGHT STACK

3050 SHOULDER LATERAL RAISE WITH GRIPS



FEATURES

- Body area: Upper body
- Training of the lateral shoulder muscles
- Two independently mounted training arms
- Adjustment of the Range of Motion, for an optimal training position
- Height adjustable seat pad
- 1570 x 1200 x 1300 (H x B x L in mm)
- Total weight: 335kg
- Standard weight stack: 85kg



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