

3003 SEATED LEG CURL



FEATURES

- · Body area: Lower body
- Training of the leg flexor in a sitting position
- · Adjustable thigh pad to stay fixed in the desired training position
- · 9-way adjustable foot pad
- · Adjustment of the Range of Motion, for an optimal training position
- · 7-way adjustable back pad for an optimal training position
- · 1570 x 1160 x 1170 (H x B x L in mm)
- · Total weight: 405kg
- · Standard weight stack: 105kg (optional 135)

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